

# MicroPeel

## Pre and Post Care Treatment Instructions

### PRE-TREATMENT INSTRUCTIONS

Before the Procedure:

- Alert the skin care therapist about any medical skin conditions, especially **Cold Sores** (Herpes), use of Accutane, recent peels, or other facial procedures.
- Plan to have no facial waxing services 3 weeks prior to treatment
- Do not use Retin-A or Retinol product 72 hours prior to treatment.
- Arriving with make-up on is ok, it will be removed during your treatment and can be reapplied after.

During the Procedure:

- Skin is cleansed.
- Removal of superficial skin (dermaplanning) will be removed.
- Application of chemicals will follow this. This will not exceed 30% glycolic acid.
- You should relax and plan to keep your face still.
- Moisturizer and topical solutions may be used at the end of treatment.

### POST-TREATMENT INSTRUCTIONS

After the Procedure:

- You can return to work or social activities almost immediately.
- Activity is normal as tolerated without restrictions.
- You may apply make-up immediately after the procedure.
- The home care program is strongly recommended, however, be careful of overuse of medication tonight and tomorrow. Do not use products containing glycolic / salicylic or topical Vitamin A (Retin-A) for 48 hours.
- Avoid direct sun. Always use a sunblock.

You can expect:

- Almost no discomfort.
- Some swelling that lasts only a very short time.
- Redness that usually disappears very quickly.
- Uneven healing at times.
- This procedure does not stop the maturing process and may need to be repeated at regular intervals.

Notify our office if:

- You experience extreme pain, redness or a rash that does not disappear.

Special note:

- Please call your skin care specialist for follow-up appointments.
- Please be sure we have your correct address and phone number.

The medical staff has reviewed all the pre and post treatment instructions and answered all questions.

Print Name \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Witness \_\_\_\_\_

A signed copy of this document is to be given to the Client. Original is to be filed in Client's medical records.